



2019 ANNUAL REPORT

ONWARD AND UPWARD

*Coming together is a
beginning; keeping
together is progress;
working together is success.*

~ Henry Ford



MISSION

As a leading provider of cost effective evidence based services, Federation of Organizations partners with individuals, families and communities to promote wellness and enrich quality of life. We are agents of change in a rapidly evolving health care environment. We collaborate with community leaders and progressive healthcare providers to educate and motivate people to improve their health.

BOARD OF DIRECTORS

Nancy Schonberg
Board President

Edward Varon
Vice-President

Gregory R. Durso
Secretary/Treasurer

Leonard Achan, RN, MS, ANP
Board Member

Richard B. Turan
Board Member



Dear Friends,

Looking back, 2019 was a transformative year for Federation of Organizations. As the healthcare system transitions to a value-based model and mental health becomes more integrated with primary care and addiction treatment services, we have been growing the agency in a new direction, seeking new opportunities with independent provider associations to form collaborative behavioral health networks. We continue to adapt and transform to a new system of providing care with the goal of achieving better outcomes for our clients while keeping costs down.



In 2019, we also laid the groundwork for the development of two affordable housing sites in New York City, which will allow us to provide more than 200 units of affordable and supportive housing for people in need.

As 2020 unfolds, we are rising to face an unprecedented public health crisis. I cannot say enough about the dedication of our front-line staff and their commitment to maintaining services and providing our clients with the support they need during this challenging time. We are focused on protecting the health and welfare of our employees and our clients as we adjust to the new realities that have been brought upon us by the coronavirus pandemic, and we will emerge from this crisis stronger together.



Federation began in 1972 as a small group of parents advocating for better care of their loved ones struggling with mental illness. Today, we number nearly 600 employees and provide services across all of Long Island and New York City to thousands of people every year. As we look to the future, we will continue to focus on providing meaningful services to help people live independently and achieve their dreams.

On behalf of our Board of Directors, staff and members, thank you for continuing to support us in our mission as we help people help themselves to achieve their goals.

With gratitude,

Nancy Schonberg, President | Board of Directors & Barbara Faron, Chief Executive Officer



HERKIMER GARDENS

Federation of Organizations is the sponsor and service provider for Herkimer Gardens, a 119-unit affordable housing complex under development in Brooklyn. Federation was selected for the assignment – which is part of a larger affordable housing initiative under the Vital



Brooklyn umbrella – by New York State Gov. Andrew M. Cuomo in late 2018. Over the past year, Federation has laid the groundwork for the mixed-use, senior development, which will have a strong focus on integrated supportive services. Of the 119 units, 59 will be occupied by frail elderly residents. Services will be focused primarily on the frail elderly, but they will be available to all residents. Hunger Free NYC, a partner on the initiative, will provide additional food assistance programs to the community. The building, which has been designed with an emphasis on efficiency and sustainability, will integrate green space with urban living and recreation.

NAMEOKE DEVELOPMENT TO BRING 118 ADDITIONAL UNITS

Federation of Organizations has also moved forward with the Nameoke development in Far Rockaway, Queens. Permits have been filed for the nine-story residential building, which will have 118 units. The bulk of the units – 71 – will be designated as NYC 1515 OMH-supportive, service-enhanced apartments for formerly homeless individuals with severe mental illness. A total of 46 units will be targeted for individuals and families who meet income eligibility requirements. The remaining unit will be set aside for a superintendent.

INTEGRATION OF CARE

Federation of Organizations received a \$112,500 grant from the Mother Cabrini Health Foundation in the foundation's inaugural round of charitable giving. Federation of Organizations, a large, multi-faceted, not-for-profit human service agency that has been helping people to help themselves for nearly 50 years, will use the grant to add the services of a physician assistant at its Wyandanch Mental Health Clinic in Wyandanch, a historically underserved, low-income area.

The physician assistant will work in concert with the behavioral health team to increase monitoring of chronic conditions for more than 200 individuals with behavioral health issues who are seen at the clinic.



CLINICAL SERVICES DEPARTMENT

Federation of Organizations' Clinical Department
served 1,535 individuals in 2019.



RESIDENTIAL



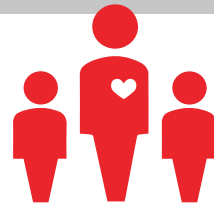
Federation of Organizations' **Residential Services** consists of both **Licensed and Scattered Site Supportive Housing Programs** throughout **Suffolk, Nassau, Queens, Brooklyn and the Bronx**. In 2019, there were over **875 beds**. With an emphasis on the **Housing First Model**, individuals are accepted for services through a rapid entry process and are experiencing fewer barriers to housing. Once successfully housed, residents are able to focus their time and energy on their recovery and personal goals.

SENIOR SUPPORT SERVICES

146 Foster Grandparent volunteers provided over **112,000 hours** of one-to-one service valued at over \$1.5 million* to **230 at-risk children** (2,172 children in total) throughout Suffolk County at **59 schools**, resulting in **99.6%** of the children demonstrating improved academic engagement, and **99%** showing improvement in their identified areas of need.

26 Senior Companion Volunteers provided over **28,000 hours of assistance** valued at over \$390,000* to **48 elders** in Suffolk County to help them remain in their homes.

Suffolk County Respite Care Program provides caregivers with the opportunity to take time off from the stressors of caring for a frail, elderly family member. SCRCP provides approximately **35 families** with **5,100 hours** of service, valued at over **\$71,000 per year**, which helps avoid high cost-cost of institutional placement.



146
Foster Grandparent Volunteers
230
At-Risk Children



26
Senior
Companion
Volunteers
28,000
Hours of
Assistance

35
Families
Received
5,100
Hours of Service



*Based on the Suffolk County Living Wage of \$14.22 in 2018.



HOME & COMMUNITY BASED SERVICES

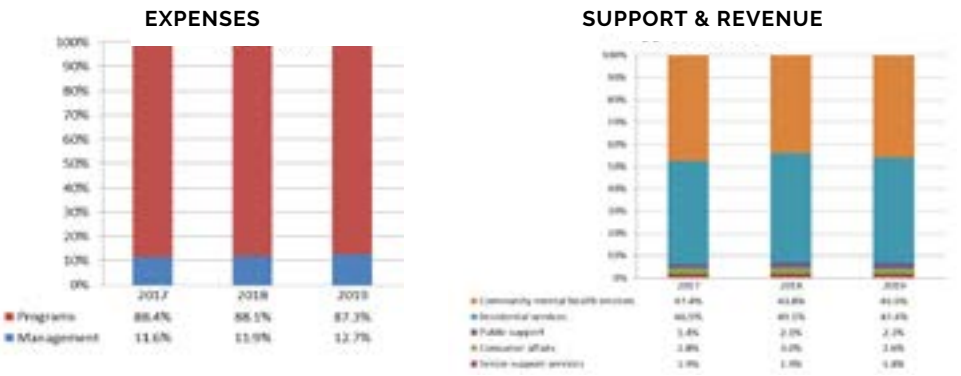
98 individuals enrolled in Home and Community Based Services in 2019. These services are provided at the individual’s home or at a community location where one is most comfortable.

FINANCIAL MANAGEMENT



In Suffolk County, over **461 mental health consumers** were provided representative payee services to ensure their financial wellness and obtain skills needed for future financial independence. **97%** of the individuals served ***maintained housing and avoided homelessness*** and **85% avoided psychiatric hospitalization**. The results of a recent survey indicated that **95%** of those who responded reported the overall ***quality of their lives has improved*** as a direct result of Financial Management services.

2019 FINANCIAL STATEMENTS





OUTREACH & ADVOCACY

Peer advocates in Suffolk **reached out to over 2,302 people with mental illness**, providing the support needed to remain independent in the community.

2,302



HUNGER & HOMELESS SERVICES

Over **770 people who were homeless or at risk of homelessness** received housing, employment and peer services through our homeless outreach programs.



Our food pantry and soup kitchen in Suffolk County **provided 17,775 meals** to hungry individuals and families.



CARE COORDINATION

On Long Island and in New York City, over **2,100 people** were supported in their recovery from mental illness and other chronic illnesses and linked to services and community resources.

2,100 People supported in Long Island & NYC





2019: A YEAR IN PHOTOS

2019 was a fantastic year for events at Federation! The fourth annual Bowl-a-Thon, Senior Volunteer Luncheon, and the second annual NYC Community Partner Awards and Networking event at Del Frisco's in NYC were all a great success! Thank you to all who supported us by attending and sponsoring!



SENIOR VOLUNTEER LUNCHEON



NYC COMMUNITY PARTNER AWARDS





THANK YOU TO OUR SUPPORTERS

A&C Pest Management
 Advantage Painting
 All Boro, Inc.
 Alcott HR
 Armand D'Amato
 Baker Tilly Virchow Krause
 Buzzell, Blanda & Visconti
 Community Care Rx
 CSD Housing
 Edelman Sultan Knox Wood
 Architects
 Expense Reduction Analysts
 First Aid AV, Inc.
 F&F Commercial Maintenance
 Geltrude & Company
 Genesis Real Estate Advisors
 Ham-R-Time
 HealthFirst
 Investors Foundation
 Irving Flamer
 Janssen Pharmaceuticals
 Jeff Gomez
 John Selkirk
 Laura B. Vogler Foundation
 Lincoln Computer Services
 Marc Nichols
 Marketing Works, PR
 Martha Anne Thompson
 Mega Construction
 Mitsue Salador
 Neil Best
 Park Strategies
 Rampart Insurance
 Richman Group
 Robert Nichols

Spar Clean
 Susan LoGiudice
 The Knapp Swezey Foundation
 The Townwide Fund of Huntington
 Top Quality Exterminating
 Traditional Air Conditioning
 Turan Family Foundation
 United Way of Long Island
 Urban Architectural Initiatives
 Valley National Bank





SAVE THE DATE!

NOVEMBER 20, 2020

Virtual Community Partner Awards

12:00PM



ADMINISTRATIVE OFFICES:

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