

Federation of Organizations

2018 ANNUAL REPORT

INSPIRING GROWTH





MISSION

As a leading provider of cost effective evidence based services, Federation of Organizations partners with individuals, families and communities to promote wellness and enrich quality of life. We are agents of change in a rapidly evolving health care environment. We collaborate with community leaders and progressive healthcare providers to educate and motivate people to improve their health.

BOARD OF DIRECTORS

Nancy Schonberg Board President

Edward Varon Vice-President

Gregory R. Durso Secretary/Treasurer Leonard Achan, RN, MS, ANP Board Member

Richard B. Turan Board Member

Dear Friends,

Federation began back in 1972 as a small group of parents advocating for better care of their loved ones struggling with mental illness. Today, we number more than 550 employees and provide services across all of Long Island and NYC to thousands of people every year. We operate 7 residences, have over 880 beds of supportive housing, and serve over 680 individuals a year in our Wyandanch Wellness Clinic alone. Each year we take steps to provide meaningful services to help people live independently and achieve their dreams.

During 2018, Federation continued to grow. In November, we were awarded the Vital Brooklyn grant to build 119 units of affordable housing for seniors in Brooklyn. Affordable housing with supports for frail, elderly seniors is very much needed. We look forward to providing flexible support services for our residents while encouraging independence and community participation.

This year we focused on expanding our services to serve more individuals in need. Our collaboration with HRHCare brings their mobile health clinic to several of our sites where our members can receive primary care services, eliminating an extra trip to the doctor. We also expanded our services for

children, providing care coordination across Long Island and NYC and mental health services for over 90 children at our Wyandanch Clinic. As a provider of Home and Community Based Services we can bring an array of clinical and skills-building services to people in their homes or communities in addition to our site-based services. At Federation, making services accessible is a priority.

As we look to the future, with the help of our remarkable, dedicated staff, we will continue to focus on developing resources and options for the people we serve, supporting them in achieving satisfying, productive lives. On behalf of our Board of Directors, staff, and members, thank you for continuing to support us in our mission as we help people help themselves to achieve their goals.

With gratitude,

Nancy Schonberg, President | Board of Directors & Barbara Faron, Chief Executive Officer





HERKIMER GARDENS

In 2018, Federation of Organizations was selected to develop one of four sites under Vital Brooklyn's affordable housing initiative. The announcement of the winning proposals came from New York State Governor Andrew M. Cuomo's office on November 29.



Under Vital Brooklyn, Federation will create 119 affordable homes on a 21,000-squarefoot lot in Brooklyn, across the street from Interfaith Medical Center, known as "Interfaith Herkimer: Site A." Of the units, 59 will be affordable housing for seniors who meet income requirements, 59 will be supportive units for frail-elderly seniors, and one will house a building superintendent.

Federation collaborated with CSD Housing, Urban Architectural Initiatives, and Mega Contracting to develop the proposal and will continue to do so in the development.

The site will provide housing for seniors, including a set aside for frail and elderly seniors who will receive on-site supportive services. Space on the ground floor will be used for food assistance programs. Social workers, case managers and nurses will also operate on site. A terrace on the second floor will have seating and offer exercise classes, and another on the seventh floor will feature an urban farm. The building will be constructed to Passive House Standards and will include solar shades and a green roof.

All together, the four proposals approved by New York State will create more than 2,700 affordable homes in central Brooklyn. The developments will advance the Vital Brooklyn initiative's \$578 million commitment to build 4,000 units of affordable housing.

EXPANDED SCOPE OF SERVICES

In 2018, Federation continued to expand its scope of services across Long Island and NYC.

Last year, Federation committed to expand its current Home and Community Based Services across the board. These important services are offered to individuals receiving Medicaid, who are living with mental health and/or substance use conditions and include a range of services to provide people with a path to achieve recovery. Services are provided in one's home or at a location where they are most comfortable in the community.

In addition, Federation continues to serve a growing number of children and adolescents through its Children's Care Coordination program and through its Wyandanch Wellness Clinic. Last year alone, the clinic served over 90 children. The clinic provides a full array of services including health services, medication management, crisis intervention, groups, individual and family therapy.

1,425

CLINICAL SERVICES

Federation of Organizations' Clinical Department **served 1,425 individuals** in 2018.

RESIDENTIAL



Federation of Organizations' **Residential Services** consists of both **Licensed and Scattered Site Supportive Housing Programs** throughout **Suffolk, Nassau, Queens, Brooklyn and the Bronx**. In 2018, there were over **880 beds.** With an emphasis on the **Housing First Model**, individuals are accepted for services through a rapid entry process and are experiencing fewer barriers to housing. Once successfully housed, residents are able to focus their time and energy on their recovery and personal goals.

SENIOR SUPPORT SERVICES

156 Foster Grandparent volunteers provided over **112,000 hours** of one-to-one service valued at over \$1.5 million* to **240** at-risk children (2,550 children in total) throughout Suffolk County at **54** schools, resulting in **98%** showing improvement in their identified areas of need.

26 Senior Companion Volunteers provided over **28,000** hours of assistance valued at over \$390,000* to **52** elders in Suffolk County to help them remain in their homes.

Suffolk County Respite Care Program provides caregivers with the opportunity to take time off from the stressors of caring for a frail, elderly family member. SCRCP provides approximately **35 families** with **5,100 hours** of service, valued at over **\$71,000 per year**, which helps avoid high cost-cost of institutional placement.

*Based on the Suffolk County Living Wage of \$13.95 in 2018.



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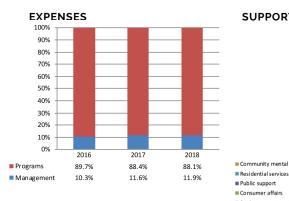
HOME & COMMUNITY SERVICES

110 *individuals* enrolled in Home and Community Based Services in 2018. These services are provided at the individual's home or at a community location where one is most comfortable.

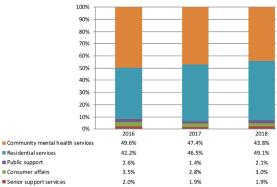
FINANCIAL MANAGEMENT

In Suffolk County, over **463** *mental health consumers* were provided representative payee services to ensure their financial wellness and obtain skills needed for future financial independence. **97%** of the individuals served *maintained housing and avoided homelessness* and **87%** *avoided psychiatric hospitalization*. The results of a recent survey indicated that **94%** of those who responded reported the overall *quality of their lives has improved* as a direct result of Financial Management services.

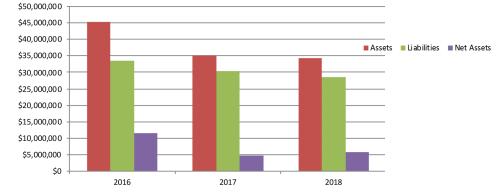
2018 FINANCIAL STATEMENTS



SUPPORT & REVENUE



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FINANCIAL POSITION

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1,725

OUTREACH & ADVOCACY

Peer advocates in Suffolk *reached out to over* **1,725** *people with mental illness*, providing the support needed to remain independent in the community.



Over 1,100 people who were homeless or at risk of homelessness received housing, employment and peer services through our homeless outreach programs.



Our food pantry and soup kitchen in Suffolk County **provided 25,331 meals** to hungry individuals and families.



CARE COORDINATION

On Long Island and in New York City, over **2,129** *people* were supported in their recovery from mental illness and other chronic illnesses and linked to services and community resources.

2,129 People supported in Long Island & NYC



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2018: A YEAR IN PHOTOS

2018 was a fantastic year for events at Federation! The third annual Bowl-a-Thon, Senior Volunteer Luncheon, and the first ever NYC Community Partner Awards and Networking event at Del Frisco's in NYC were all a great success! Thank you to all who supported us by attending and sponsoring!









SENIOR VOLUNTEER LUNCHEON







NYC COMMUNITY PARTNER AWARDS







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THANK YOU TO OUR SUPPORTERS

Advantage Painting Aenea Keyes Armand D'Amato **Baker Tilly Virchow Krause Bright Bay Electric** Buzzell. Blanda & Visconti CA, Inc. Capital One **Community Care Rx Corporate Synergies CSD** Housing **Daisy Graham** Debra Kusnetz Diana Bonacasa Enetta Pong F&F Commercial Maintenance **Florence Green Frances Sylvester** Geltrude & Company Genesis Real Estate Advisors Ham-R-Time Helge Noormae **Irving Flamer** Janssen Pharmaceuticals Jose-Luis Arana Lance Greiff Launchpad Five One Six Lighthouse Security Lincoln Computer Services Lisa Graham Marc Nichols Marketing Works, PR Martha Anne Thompson **Mega Construction** Moritt Hock & Hamroff

Mr. & Mrs. Frank Kavanagh Mr. & Mrs. Lloyd Harris Multimedia Technical Solutions Mutual of America Neil Best Rampart Insurance **Richman Group Robert Nichols** Spar Clean Suffolk County Foot Care Susan LoGiudice The Armand & Audrey D'Amato Charitable Gift Fund The Knapp Swezey Foundation The Townwide Fund of Huntington The Wynter Family Top Quality Exterminating **Traditional Air Conditioning Turan Family Foundation** United Healthcare United Way of Long Island **Urban Architectural Initiatives** Valley National Bank

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SAVE THE DATE!

NOVEMBER 21, 2019

Second Annual NYC Community Partner Awards and Networking Event

Del Frisco's Double Eagle Steak House

5:30-7:30PM



ADMINISTRATIVE OFFICES: One Farmingdale Road, West Babylon, NY 11704 631-669-5355 | NYC: 718-850-7099

www.fedoforg.org